



Safe Laundry Practices to Protect Against the Spread of the Coronavirus

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| Wash clothes ASAP: | Clothes, linens and bedding should be removed and washed asap to prevent the spread of infection. |
| Protect your Hands & Body: | Wear disposable gloves when handling laundry that could potentially be infected. Keep soiled items as far away from your body while loading them. |
| Sanitize after Washing and Drying: | After using the laundry machines, wipe down any knobs, handles and other touched surfaces you may have touched. Sanitize your hands afterwards with soap and warm water or alcohol-based hand sanitizer. |
| Use High Wash and Dry Temperatures: | CDC guidelines recommend drying the fabric on the highest heat setting applicable to help destroy the virus, as well as using of the warmest water the fabric allows to further disinfect and sanitize. |
| Separate your laundry loads: | Also, be sure to run separate loads for sick and healthy individuals. For extra protection, you could add a bleaching agent (chlorine or oxygen-based) to your wash, which will aid in the sanitation of the loads. |
| Clean the Hampers and Laundry Baskets: | Frequently clean and disinfect clothes hampers and laundry baskets. Use a trash bag for clothing and linens that may have been exposed to the virus. Only use hampers or laundry baskets for clean clothes. |

- You can further protect yourself by regularly sanitizing with disinfectant spray or wipes according to the label's instructions.
- Be sure to wear gloves any time you are handling infected material or cleaning chemicals.
- Remember to thoroughly wash or sanitize your hands any time you contact with "high touch" surfaces and to avoid touching your eyes, nose and mouth.